





EPIC NEWS

EPIC Newsletter September 2026

📝 From the Executive Director

Welcome to the FIRST edition of EPIC News. This month, we are recognizing the dedication of the EPIC team!

I hope you find something useful or worth sharing. Start with our featured story, then skim the recurring sections for quick inspiration. Don't forget to check out our upcoming fundraiser events in October, Guest Bartending and Boscov's Friends Helping Friends.

⭐ Featured Story: Direct Support Professional Recognition Week, September 13-19, 2026

Direct Support Professional (DSP) Recognition Week is a nationwide annual celebration honoring DSPs—professionals who support people with intellectual and developmental disabilities in daily living, community inclusion, employment, and independence.

Staff will be recognized throughout the week on social media, as well as receive a small gift from the organization.

Feel free to give extra high-fives and let the amazing staff at EPIC know how they are critical to enabling inclusion and independence for people with disabilities.



FUNDRAISERS!!!!

🍴 Fork Support & Guest Bartending 10/14/2026

Join EPIC for a night a fun, food, and support with local celebrity guest bartenders.

Stop by for lunch or hang out with EPIC for **Guest Bartending from 6-8 pm.**

Come with cash to tip your favorite bartender as well as bid on a variety of silent auction items including a 6-month family membership to the YMCA of Delaware, a gift basket from Special Olympics Delaware, and many more!

20% of all food sales* will be donated to EPIC.

*You must have flyer in order for your dining sales to count. Flyer attached to this email.

GRAIN
CRAFT BAR + KITCHEN
NO. 1 NEWARK DE

Fork Support @GRAIN

EPIC
Inclusive Adaptive Fitness

Print out this flyer and show it to your server anytime on Wednesday October 14, 2026 and the folks at Grain in Newark will donate 20% of your food check to EPIC

270 E Main Street
Newark, DE 19711
MeetAtGrain.com
302.4 4 4.8646

Hand these out to everyone you know before you come to Grain. Handing them out while at Grain is a bad karma move and may result in ending the event and mean stares.

🫶 Boscov's Friends Helping Friends 25% Off Shopping Pass

EPIC is excited to again participate in the Boscov's Friends Helping Friends fundraiser. By making a $5 donation to EPIC, you will receive a 25% off shopping pass valid on October 21, 2026, at Boscov's. This is a fantastic opportunity to save on your purchases while supporting our mission to empower individuals with disabilities. Don't miss out on this chance to give back to the community while enjoying a day of shopping!

See your Program Director to purchase your shopping pass!



❤️ September is Healthy Aging Month

It's a time to focus on **lifestyle choices, preventive care, and staying active** to maintain health as we age.

Healthy Aging Month encourages strategies for older adults to stay active and maintain overall wellness, promoting physical activity and healthy lifestyle choices for aging populations.

Check out the events at our community partner the YMCA of Delaware.

Healthy Aging Week: Try the Y for Free | YMCA of Delaware

Check out these Healthy Aging Resources.

Healthy Aging Resources | odphp.health.gov

🗓️ Important Dates

Reminder: EPIC will be closed on the following dates

- [ ] Thanksgiving 11/26/2026
- [ ] Friday after Thanksgiving 11/27/2026
- [ ] Christmas Eve 12/24/2026
- [ ] Christmas Day 12/25/2026
- [ ] New Year's Day 1/1/2027

👋 Until Next Month

Thanks for reading EPIC News. We will be back in October with more news to share.

Have something to share? EPIC Executive Director, Kat Luebke, kluebke@epicdelaware.org