

EPIC NEWS

EPIC Newsletter October 2026

📝 From the Executive Director

Welcome to the October 2026 edition of EPIC News.

Fall is here, bringing cooler temperatures, changing leaves, and plenty of excitement to our community!

This month is filled with sports, fall activities, and opportunities to make a difference. We have 2 **FUNDRAISING** campaigns this month. Our fundraising efforts are an important part of keeping adaptive and inclusive fitness opportunities growing, helping more individuals experience the joy of physical activity, friendship, and achievement.

Thank you to everyone who continues to support our mission. Together, we're improving health, building confidence, and showing that everyone belongs in the gym!

Here's to a fantastic fall season filled with fitness, friendship, and FUNDRAISING!

⭐ Featured Story: EPIC Fundraisers

We are excited about our upcoming fundraising campaign featuring Guest Bartending and Boscov's Coupon sales, and we need YOUR help to make it a success!

Please help us get the word out by sharing the fundraisers with your family, friends, coworkers, and social media networks. Every share, coupon sold, and guest bartender supporter makes a difference!

The more people we reach, the more we can raise! Thank you for helping us spread the word and support our campaigns.

🍴 Fork Support & Guest Bartending 10/14/2026

I am excited to announce our **GUEST BARTENDERS!**

6:00 pm Ian Currie and Karla Carrio

6:20 pm Hannah Craighton & Miana Poole

6:40 pm Hayden Wyttenbach & Brighton Hopkins

7:00 pm Dejza Harris & Kat Luebke

7:20 pm Sarah Feldman & Ashlie Lake

7:40 pm Jessica Wheeler & Shannon Baker

8:00 pm Mark Harro Local Pro Wrestler

Join EPIC for a night a fun, food, and support with local celebrity guest bartenders.

Stop by for lunch or hang out with EPIC for **Guest Bartending from 6-8 pm.**

Come with cash to tip your favorite bartender as well as bid on a variety of silent auction items including a 6-month family membership to the YMCA of Delaware, a gift basket from Special Olympics Delaware, and many more!

20% of all food sales* will be donated to EPIC.

*You must have flyer in order for your dining sales to count. Flyer attached to this email.

Fork Support @GRAIN

Print out this flyer and show it to your server anytime on Wednesday October 14, 2026 and the folks at Grain in Newark will donate 20% of your food check to EPIC

270 E Main Street
Newark, DE 19711
MeetAtGrain.com
302.4 4 4.8646

Hand these out to everyone you know before you come to Grain. Handing them out while at Grain is a bad karma move and may result in ending the event and mean stares.

🫶 Boscov's Friends Helping Friends 25% Off Shopping Pass

EPIC is excited to again participate in the Boscov's Friends Helping Friends fundraiser. By making a $5 donation to EPIC, you will receive a 25% off shopping pass valid on October 21, 2026, at Boscov's. This is a fantastic opportunity to save on your purchases while supporting our mission to empower individuals with disabilities. Don't miss out on this chance to give back to the community while enjoying a day of shopping!

See your Program Director to purchase your shopping pass!



❤️ October is National Disability Employment Awareness Month

This month is National Disabilities Employment Awareness Month (NDEAM.) Follow us on Facebook as we highlight some of our EPIC members and their employment in the community.

🗓️ Important Dates

Reminder: EPIC will be closed on the following dates

- [ ] Thanksgiving 11/26/2026
- [ ] Friday after Thanksgiving 11/27/2026
- [ ] Christmas Eve 12/24/2026
- [ ] Christmas Day 12/25/2026
- [ ] New Year’s Day 1/1/2027

👋 Until Next Month

Thanks for reading EPIC News. We will be back in November with more news to share.

Have something to share? EPIC Executive Director, Kat Luebke, kluebke@epicdelaware.org